



Welcome to Old Vineyard

Old Vineyard has a long history helping people who struggle with everyday life. You will have a team of behavioral health professionals working with you to develop your best treatment plan. While you are with us, we will help you determine how to cope with your life in the most positive way.

336-794-3550 • www.oldvineyardbhs.com

ADMISSIONS

Once you arrive, the first person to meet with you is a behavioral health clinician. They will talk to you about how you feel, what you have been experiencing, and answer questions that you or a loved one may have. Your clinician will also determine which of our many programs is best for you. We will contact your parents during admission if you are an adolescent. If they are not present, Old Vineyard will get in touch with them for necessary paperwork and will give them contact information for how to reach the unit directly. Our admission team will also provide our visitation schedule. Once on your unit, a nurse will go through an orientation.



YOUR TREATMENT TEAM

You will have a team of professionals including a registered nurse, mental health technician, licensed unit clinician, certified recreation therapist and psychiatrist/physician's assistant/nurse practitioner. Your treatment will involve a combination of group therapy, medication, plans after discharge, and other activities. Safety is their priority. This team meets regularly to review your progress and to make plans for follow up treatment.

*This place has great staff
and they truly care.*

–Dual Diagnosis Patient



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THERAPY

Since therapy is proven to work and achieve great outcomes, therapy at Old Vineyard involves several groups a day. Regularly scheduled therapy groups led by a master's level clinician are designed to help you better understand your diagnosis and treatment. Additional groups are structured throughout the day to assist with developing your personal, social, and leisure outlets. Families are highly encouraged to be involved in your recovery. Old Vineyard activities also

include progress with your unit clinician and psychiatrist, recreation therapy, and pet-assisted therapy.

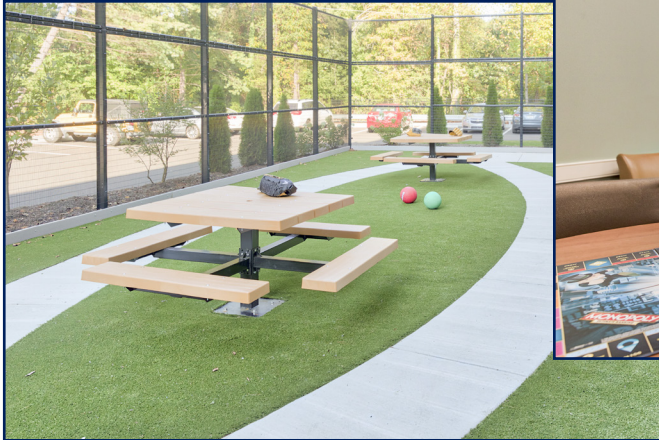


All of the staff were wonderful and understanding with me.

—Adult Psychiatric Patient

SCHEDULE

The schedule varies depending on the program that you are in. Patients spend time in various groups and activities such as group therapy, psychoeducational groups, classes, activities, recreation therapy, and school for our adolescents. Old Vineyard activities also include time in the dining hall, pet-assisted therapy, outdoor time, and free time. There will be various daily opportunities to have phone time.



VISITATION

Loved ones can visit you during your stay. There are several designated visitation times during the week, including weekends. During orientation to your unit, they will show you the schedule for the program you are in.

If you or a loved one wish to stay close by during a visit to Old Vineyard, please speak to our Admissions Team about a referral to The Ronald McDonald House for families of an adolescent patient or The Family House for families of an adult patient.



BELONGINGS

You will be staying with us for several days. We encourage you to bring three changes of comfortable clothes that do not have belts, strings, or ties for safety reasons. Since your time will focus on treatment, you will not be able to have phones, cigarettes, and vapes. Old Vineyard does provide basic toiletries and nicotine patches.

*This facility was the best.
I clearly would recommend
this place to anybody who
needs help or any treatment.*

—Adolescent Program Patient



Our goal is your wellness.
We do it with caring and compassion.
Please call us, visit our website, or follow us on social media.



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